

Help and Support after Sexualised Violence

Sexualised violence includes

- (attempted) rape
- sexual abuse in childhood
- sexual violence in marriage and partnership
- sexual assault
- sexual harassment at the workplace
- sexual harassment in everyday life (verbal, valuing looks, "accidental" touches, grabbing, on the phone, on the internet)

Any woman, regardless of age, appearance, social, cultural, religious background, irrespective of the level of education or her lifestyle, can be affected. There is no specific behaviour that protects against abuse.

Most offenders are from the social or familial environment.

What are the consequences of sexualised violence?

Experiences of sexualised violence can put a heavy burden on health and everyday life, even after a long time.

What kind of support offers are there?

The Women's Counselling Centre/Specialist centre against sexualised violence in Beckum offers victims personal and telephone counselling (also anonymously on request).

Specialist advisors provide information on medical and therapeutic care options and advice on topics such as (anonymous) securing of evidence, criminal charges, court proceedings.

Anonymous Trace Management (ASS) can be important for a possible criminal proceeding to secure traces. Not every hospital offers ASS.

The outpatient clinic for victims of violence in Münster belongs to the forensic medicine department of the University Hospital of Münster. It secures evidence of crime within the scope of **anonymous trace control** and can store them at the institute for up to 10 years. This gives those concerned time to decide whether or not to file a complaint.

Address of the outpatient clinic for victims of violence:

Röntgenstraße 23; 48149 Münster; **Phone** 0251-8355160

Help Line Violence against Women is a service for women who are affected by violence. At the number **116 016** and through online consultation you can get multilingual advice anonymously, for free and around the clock.